

For the Travel Trade

WELCOME TO FIFE

Sample Itineraries

This itinerary offers a thrilling mix of outdoor adventures, from high-speed motorsports and exciting shooting activities to wildlife exploration and traditional Scottish pursuits like bagpiping and golf.

Set against the stunning natural landscapes of Fife, it's an action-packed journey combining adrenaline, nature, and local heritage.



For a copy of our Travel Trade Brochure with supplier details, email:
promoting.fife@fife.gov.uk





Fife's Adventure & Exploration: Thrills and Outdoor Pursuits

Experience the exhilarating side of Fife with this action-packed three-day itinerary designed for adventure seekers. From high-speed motorsports and traditional Scottish sporting activities to immersive countryside experiences, this journey highlights Fife's most thrilling and unique outdoor pursuits.

DAY ONE

Start the day with an electrifying experience at **Knockhill Racing Circuit**, Scotland's only internationally graded motorsport venue. This world-class track offers high-speed driving experiences, from classic British cars like the Aston Martin Vantage and E-Type Jaguar to modern supercars. Whether behind the wheel with expert instruction or in the passenger seat for a thrill ride, Knockhill promises an unforgettable rush in a spectacular setting.

After an exhilarating morning, it's time to refuel for the next adventure. Head into Dunfermline and visit **Jack O'Bryans**, an award-winning restaurant that infuses Scotland's natural larder with the flavours and textures of the world. A perfect spot to recharge before continuing the journey.

Continue the adventure at **Cluny Activities**, a hub of excitement nestled in the beautiful Fife countryside. Try your hand at archery, air rifle shooting, or clay pigeon shooting under expert guidance, or take on the challenge of segway trails.

For a more relaxed pace, enjoy a friendly round of mini golf, footgolf, or disc golf. Whatever the choice, Cluny offers a perfect blend of adventure and leisure in a stunning natural setting.

From the thrill of target sports and off-road trails, the journey now leads to **Teasses Estate**, a place where the beauty of Fife's countryside meets an incredible variety of outdoor pursuits. Step into the vast landscapes of Teasses Estate, where rolling hills, private woodlands, and expertly curated activities provide an unforgettable adventure. Whether exploring the estate's stunning grounds, stepping into the shoes of Scottish nobility for a day, or taking part in a highland games-style team challenge, there's something for everyone to enjoy.

After a day of adventure, unwind in the elegant surroundings of the Victorian Greenhouse with a delightful afternoon tea, the perfect way to reflect on the day's experiences before heading to **Seaton House in St Andrews** for a charcuterie dining experience and an overnight stay.

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DAY TWO

Begin the morning with a stroll through the enchanting Walled Garden at **Backhouse Rossie**, a space ten years in the making and constantly evolving. Discover rare daffodils, vibrant seasonal blooms, and peaceful natural landscapes that offer a moment of tranquility amidst the adventure.

Next, journey to **Hill of Tarvit**, one of Scotland's finest mansion houses, where manicured lawns and a historic hickory golf course await at the famous **Kingarrock Course**. Just 20 minutes from St Andrews, this unique course allows guests to play golf as it was in the 1920s, using traditional hickory clubs for an authentic and immersive experience.

After a morning of history and sport, it's time for a break in St Andrews, a town rich in charm and tradition. Enjoy lunch at **The Adamson**, a stylish brasserie known for its modern take on Scottish cuisine. Indulge in a menu that blends fresh local produce with contemporary flavours, the perfect way to recharge before continuing your adventure.

Conclude the adventure with a visit to **Balmerino Farm**, a hidden gem offering breathtaking views over the River Tay.

This small, family-run farm champions sustainable and organic farming practices, offering a hands-on experience with Scotland's rural traditions. Watch as a skilled sheepdog expertly herds sheep, demonstrating the incredible bond between dog and farmer.

Hear stories of traditional sheep farming, walk through the farm's history, and learn about its commitment to nature-friendly agriculture. There's also the opportunity to meet the sheep, cattle, and of course, the hardworking sheepdog.

