**BREATHTAKING VIEWS** 

**WELCOME TO THE** 

# **East Neuk**

**MEETS CULINARY RICHES** 

WHERE COASTAL CHARM



THE EAST NEUK IS A STRING OF HISTORIC FISHING VILLAGES ON FIFE'S EAST COAST. ITS SPECTACULAR SCENERY OF BEAUTIFUL BEACHES AND HARBOURS, THE ABUNDANT LOCAL LARDER, ACTIVE OUTDOOR ACTIVITIES AND VIBRANT ARTS AND MUSIC SCENE ARE JUST SOME OF THE REASONS VISITORS RETURN TIME AND AGAIN. EVERYWHERE YOU LOOK THERE IS A PHOTO WAITING TO BE CAPTURED AND A MEMORY TO BE MADE!







## **FOOD & DRINK**

Nestled between cold, clear waters and rich, fertile farmland, the East Neuk has one of Scotland's most abundant natural larders. Visit Ardross Farm shop for daily local produce or the monthly **Bowhouse market** for local producers from across the region. Sample chocolate at the Cocoa Tree or enjoy a whisky and gin experience at Kingsbarns Distillery. Visit the East Neuk Kilnhouse for smoked fish or enjoy lobster bu the harbour in Crail.



## **EATING OUT**

There is no shortage of award-winning innovative restaurants, cafes, street food, bars and foodie experiences to enjoy in the East Neuk. Being by the sea, the daily catch is prominent on most menus and you can't visit the East Neuk without enjoying an award-winning fish supper by one of the picturesque harbours, for food with a view!





## ..... ART & CULTURE

The East Neuk has become a unique and spectacular setting for a range of arts, music and harbour festivals and is home to a flourishing community of **artists**, makers and musicians. Each August Pittenweem Arts Festival invites around 100 artists and makers from across the UK to exhibit in galleries and homes. Harbour festivals take place throughout the summer with live music, local makers, artists and food.





## **OUTDOOR & WELLNESS**

The coast and countryside of the East Neuk make for a great natural playground for walking, cycling and watersports with the most picturesque of backgrounds. If you're adventurous why not take a dip in one of the tidal pools at Pittenweem, Cellardyke or St Monans, or experience a beach sauna at Elie or Kingsbarns. Take a relaxing stroll along the beaches, or through woodlands and estates further inland. Don't miss the chance to see beautiful **seabirds** up close with a **boat trip** to the nature reserve on the Isle of May.



### **HISTORY & HERITAGE**

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Explore the historic harbour fronts and havens of the East Neuk coastal villages, discover lighthouses, ancient caves, castles, churches and priories, doocots and dens, saltpans and standing stones. Visit Pittenweem's charming winding streets with traditional fishermen's cottages with pan-tiled roofs and crowstepped gables. Explore the heritage further at the **Scottish Fisheries** Museum, Crail Museum, Cambo Estate and St Monans Heritage Centre.







**INDULGE IN AGE-OLD SEASIDE PASTIMES** OF ROCK-POOLING, PADDLING, CRABBING, ANGLING, FOSSIL-HUNTING, **SHELL AND SEAGLASS** COLLECTING.





## **FIFE COASTAL PATH**

Explore the Fife Coastal Path, 117 miles of quaint fishing harbours, and historic villages. The East Neuk stretch is one of the most scenic, with paths connecting through Elie & Earlsferry, St Monans, Pittenweem, Anstruther, Crail and on to Kingsbarns. Encounter stunning coastal scenery, seals and seabirds.

