

FIFE'S ENERGY COAST



Welcome to Fife's Energy Coast Revitalise your spirit

Fife's Energy Coast stretches from the Wemyss conservation villages, famous for their caves and pottery, to the spectacular sea vistas of Largo Bay where the real Robinson Crusoe first felt sand between his toes. Along almost 20 kilometres of coastline you can energise yourself with walks, golf and numerous activities, or simply recharge your batteries strolling around fascinating towns and villages.

Fife's Energy Coast has a great industrial past and is now a worldleading centre for renewable energy with cutting edge technology that places it at the forefront of global efforts to develop green energy from sustainable sources.

Its friendly, forward-looking communities are renowned for their energetic focus on enhancing the health and wellbeing of local residents who can enjoy Fife's great outdoors 365 days a year.

With Edinburgh across the water to the south and St Andrews just to the north, Fife's Energy Coast is ideally located to explore the beautiful coastlines, rich heritage, family-friendly attractions and wide open countryside of the Kingdom of Fife. You can do as much or as little as you want. The choice is yours. "Stand on Leven beach and turn your head 360 degrees while you're enjoying the white sand there.

Watch the light pour down from the north over the Lomonds. watch it come up with the sun from the North Sea in the east. Share it with Edinburgh and the opposite coast in the south and watch it burn the sky as it sets in the west towards Glasgow. Enjoy it. Lap it up, it's the best light in the UK and it will show you Fife in all its glory."

David Mach

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Places to visit

West Wemyss

The village of West Wemyss grew up around Wemyss Castle, ancestral home of the Wemyss family since the 12th century. Once a centre for the salt industry, the harbour was later used to export coal from pits on the Wemyss Estates. Part of the old village is now a conservation area, with several attractive buildings including a row of traditional miners' cottages.



East Wemyss

Lying on the Firth of Forth, East Wemyss takes its name from the 'weems' or caves in the cliffs along the shoreline, some of which contain Pictish carvings. The ruins of MacDuff's Castle, home to the most powerful family in Fife in the Middle Ages, can also be found here.

Places to visit



Leven

Leven has been a popular holiday destination since the 19th century and this awardwinning seaside town is still a magnet for tourists attracted by its long sandy beaches, attractive promenade, family-friendly facilities and fantastic recreational areas. The 18-hole golf courses at Leven Links, which has been used as a pre-qualifying course for The Open Championship, and Scoonie also welcome thousands of visiting golfers each year.



Buckhaven

Originally a prospering weaving village and fishing port, Buckhaven once boasted the second largest fishing fleet in Scotland. Following the decline of fishing, Buckhaven subsequently developed as a mining town but is now being regenerated through community orchards, flower displays, art and heritage. Visitors can learn more about the local fishing and coal mining industries over the years at the town's small museum.



Methil

Methil was once the greatest coal exporting port in Scotland, with millions of tons of coal being shipped each year from its docks. Methil Heritage Centre, housed in a 1930s building which was once the village's post office, traces the long and eventful cultural and industrial heritage of the area. The area is now a hub for



Fife's burgeoning renewables industry and is home to the world-leading Fife Energy Park.

Kennoway & Windygates

Kennoway was a notable landmark in the days of stagecoach travel, when the road ran from the ferry on the Firth of Forth, through the village and on to St. Andrews. In neighbouring Windygates, the hotel at the village cross was originally a coaching inn and there were toll gates there until the late 19th century.

Lundin Links

Dating from the 19th century, Lundin Links is characterised by opulent houses and spectacular views over Largo Bay. Today, the village is a thriving sporting centre with two golf courses of repute as well as bowling and sports clubs. Lundin Golf Club's 18-hole course has been used as a prequalifying course for The Open Championship and offers a stiff test for visiting golfers, while Lundin Ladies' is the oldest ladies golf course in the world.



Places to visit

Lower Largo

An ancient fishing village, Lower Largo nestles around a picturesque rivermouth harbour. Its wide sandy beach is fringed by quaint seaside cottages, many of which are available to rent. The village has been designated as a conservation area and features some fine historic buildings, including the birthplace of Alexander Selkirk, who provided inspiration for Daniel Defoe's 'Robinson Crusoe'.

Upper Largo

Just inland from Lower Largo, Upper Largo sits on the southern slopes of Largo Law and commands sweeping views over Largo Bay and across The Firth of Forth to Edinburgh and East Lothian. Step off the main street into the twisting lanes of this ancient village and you'll find a village green, cricket club and ancient parish church. Largo and Newburn Parish Church is over 1,100 years old and features some interesting tablets and memorials.



The Great Outdoors

Sandy Beaches

The golden sands of Leven Bay, which won a 2016 Keep Scotland Beautiful Beach Award, stretch for over two miles, with the fun of Leven's Promenade at one end and the picturesque village of Lower Largo at the other. The beach is ideal for family picnics and games and, during the summer, lifeguards patrol a designated section of the sands. With wonderful southerly views over the Firth of Forth, Leven Bay is backed by the Leven Bay Holiday Park and the famous golfing links of Leven and Lundin.

> The village of Lower Largo sits on Largo Bay. The sandy beach is sheltered by sturdy sea walls and pretty cottages and offers the perfect spot for playing, paddling and exploring the many rock pools. Refreshments including ice cream and cold drinks are available at the village shop, just a stone's throw away!

The Great Outdoors

Fife Coastal Path

Stretching from the Firth of Forth in the south to the Firth of Tay in the north, The Fife Coastal Path is one of Scotland's Great Trails and offers an unrivalled walking experience.

The stretch between East Wemyss and Earlsferry is one of the most varied on the route's 188 kilometre length, combining breath-taking scenery with a wide variety of interesting diversions.

From Leven, the path heads east towards the charming fishing villages of the East Neuk and walkers can take advantage of Leven's bus connections to explore sections of the Path by foot before taking an easier return journey. At high tide, alternative routes are used on some sections of the path between Leven and Earlsferry and walkers are advised to check tidal times before setting off.

To the east of Fife's Energy Coast is **Shell Bay**, a dune-fringed expanse of golden sand which links Largo to Elie. It's an ideal picnic spot and makes for a lovely walk if you head east along the sand and return along the old railway line, now a grassy path behind the beach. One of Fife's true treasures, the beach attracts anglers, dog walkers, ramblers and water sports enthusiasts as well as families wishing to enjoy the calm waters and unspoilt sands.



The Route

From East Wemyss to the River Leven, the rich industrial heritage of Fife's Energy Coast is laid out as the route follows roads through the towns of Methil and Buckhaven. Much of the route here can be cycled, though some stretches of road experience high levels of traffic and care should be taken.

At the end of Leven promenade the footpath leads along the coast into Lundin Links, before descending through the narrow lanes of Lower Largo. The main coastal path descends down on to the beach but at high tide an alternate route flanks the opening holes of Leven Links golf course. The route is not suitable for cycling after Leven Promenade.

Heading east from Lower Largo, the route follows a disused railway line until Dumbarnie Links Wildlife Reserve where it splits in two, with alternate routes for low and high tides. The low tide route is along Largo Bay, while the high tide trail crosses the dunes. The route joins up again to cross the Cocklemill Burn at the west of Shell Bay.

Heading east towards Earlsferry is a spectacular stretch of coast and the rocky headland of Kincraig Point commands stunning views. The narrow path rises and falls sharply and is not suitable for cycling. Young children may find some stretches demanding.

For more detailed information visit **w: fifecoastalpath.co.uk** or look out for the Fife Coastal Path map at visitor information centres.

Fife Pilgrim Way

The Fife Pilgrim Way will be an exciting new long distance walking route through the heart of Fife. The 70 mile route, currently under development, will link together many examples of the region's medieval and pilgrim heritage using Fife's existing network of rights of way, paths and tracks. For updates on the project go to w: fifecoastand countrysidetrust. co.uk

The Great Outdoors

A Natural Playground

From lush woodlands to coastal parks, the natural green spaces of Fife's Energy Coast offer a relaxing escape.

Letham Glen, on the northern outskirts of Leven, is one of Fife's most attractive parks, boasting several walks along the tranquil banks of the Scoonie Burn. The park also features a picnic area, listed doocot and a sunken garden. Visitors in spring time are welcomed by a colourful display from blossoming cherry trees.



Wildlife

The dunes of Dumbarnie Links Wildlife Reserve are home to over 2,000 species including insects and a wide variety of shore and sea birds. The Fife Coastal Path passes through the reserve, and The Scottish Wildlife Trust has laid out several trails through the dunes. Keep your eyes peeled for rare plants and wildflowers, butterflies and other insects, as well as birds such as the Reed Bunting, Linnet and Skylark. From the car park at the east

end of Lower Largo, follow the Fife Coastal Path east along the edge of Largo Bay for about a mile until you reach the reserve **w: scottishwildlifetrust.org.uk** Kennoway Den, three miles north of Leven, is a picturesque trail which follows free-flowing burns through dense woodland.

Rising 290 metres above the surrounding countryside, and offering spectacular views across Fife and beyond, the volcanic landform of Largo Law is one of Levenmouth's most distinctive landmarks. The climb to the hill top, around a two-mile round trip from Upper Largo, is a popular excursion for locals and visitors alike. The path begins near the village cemetery and passes Chesterstone Farm before a short, steep track leads to the summit point. Spectacular views abound on all sides; Edinburgh, the Bass Rock and the Forth Bridges lie south, the Ochil and Lomond hills are to the west, while the rugged Fife coastline unfolds to the north and east.

Local community group CLEAR Buckhaven has developed several interesting walks and trails around the town of Buckhaven which offer easy and accessible opportunities to find out more about the town's heritage, community art and natural environment. w: buckhavenpathsandtrails.org.uk

For more information on walks in the area go to **w: fifedirect.org.uk/corepaths**



Silverburn Park is a 27

acre park on the outskirts of Leven, with woodland walks, a walled garden, picnic spot, public toilets, and access to the Fife Coastal Path. The park was gifted to the local council by the Russell family for the benefit of the local community, and the management of the park has now been taken over by a local voluntary organisation.

There are plans in place to improve the park over the next few years, which include a campsite with facilities for tents, camping pods and campervans, allotments, a renovated sensory garden, improvements to the access road and car park, better access to the Coastal Path, new play areas, and improvements to the path network. The major project is the renovation of the Flax Mill to provide a Visitor Centre, which will include a café and restaurant, heritage displays, an exhibition area, office space and a hostel aimed at backpackers from the Fife Coastal Path.

w: silverburnpark.co.uk

Updates on the regeneration project can be found on the project's Facebook page at **w: facebook.com**/ silverburnpark

The Great Outdoors

Cycling

Fife's Energy Coast is a great place to explore by bike thanks to miles of dedicated cycle routes and quiet country lanes.

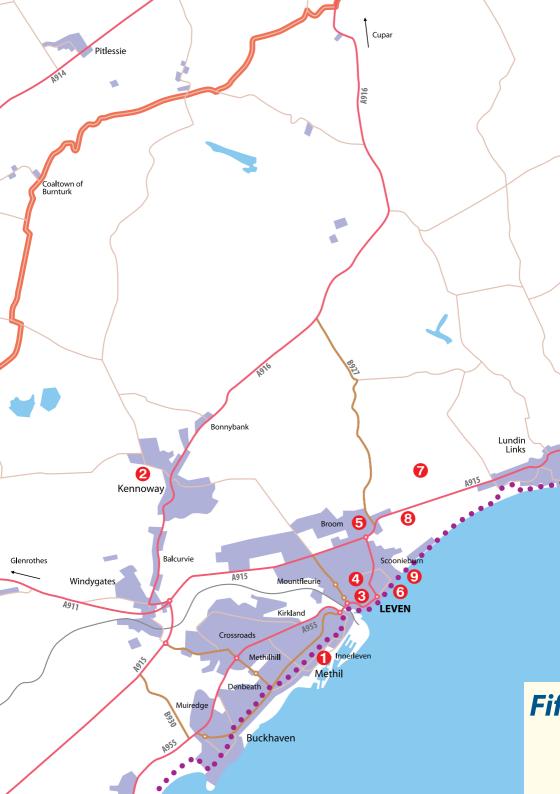
For more information on cycle routes throughout the area, check out the Fife Cycle Map at **w: fifedirect.org.uk/cycleways**

Sailing & Watersports

Sheltered coastal waters make Fife's Energy Coast one of the best sailing areas in Scotland and the sandy beaches of Shell Bay, Leven and Largo Bay are also popular with watersports enthusiasts. There is a boat slip at Leven and the Largo Bay Sailing Club, whose clubhouse sits on the beach at Lower Largo, runs a busy programme of events from March to October, with a special holiday membership package for visitors. A highlight of the season is the annual Open Regatta, held in June. **w: largobaysc.org.uk**

Fishing

The Firth of Forth is a popular spot for sea angling, with bass and mullet amongst the available catch. Brown trout are on offer in the River Leven, which also hosts a run of sea trout and Atlantic salmon, while the waters of the River Ore contain rainbow and brown trout, pike and perch. For permit information go to **w: riverlevenanglingclub.co.uk**





Golf Excellence

Golf has been played over part of the links land on the eastern outskirts of Leven since 1846, with the current two-course configuration coming into being in 1909. In Leven Links and Lundin Links the area boasts two courses of genuine world class, with both having been used as final qualifying venues when the Open Championship is played at nearby St Andrews.

Leven Links Golf Course provides an enjoyable and testing challenge for visiting golfers. The archetypal links course, with its fine bents and fescues, its humps, bumps, hollows and wispy rough, could well be the definition of a true links. 'Bunkered' magazine recently voted the 18th hole the second hardest finishing hole in Scotland, behind the 18th at Carnoustie. Leven also has the distinction of being the first course to be made up of 18 tees and 18 greens. Special offers for visiting golfers, including three day passes and family golf tickets, are available online. **w: leven-links.com and w: teeofftimes.co.uk**

The championship course at Lundin Links is one of Fife's golfing gems. In any weather the quality of the course offers a full examination of every golfer's game. The round opens on the shores of Largo Bay and flanks the beach for several holes before rising up into the village of Lundin Links itself. On a clear day the breath-taking view from the 14th tee ('Perfection') encompasses the Forth Bridges to the west and Edinburgh and the Pentland Hills to the south. **w: lundingolfclub.co.uk**



Golf in Levenmouth is not just about the championship courses at Leven and Lundin Links. The charming parkland layout at Scoonie, on high ground above Leven, is a gentler test than its seaside neighbours. **w: scooniegolfclub.com**

Lundin Ladies' Golf Club is the oldest ladies golf club in the UK but welcomes golfers of all abilities and sexes. The club's other claim to fame is that it has three 15 foot high Neolithic standing stones in the middle of its 2nd fairway. Non golfers are welcome to come and visit the course to view the stones with the obvious proviso to be aware of stray golf balls. w: lundinladiesgolfclub.co.uk

Golf Excellence

At Wellsgreen Golf Driving Range, between Leven and Kirkcaldy, you'll find everything you need to practice, improve and develop your golf game, including an 18 bay floodlit driving range, practice putting greens, a 6 hole par 3 course, custom club fitting, golf shop and restaurant. Lessons are also available from PGA professionals. w: wellsgreen.co.uk

Its central location and variety of keenly priced accommodation makes Fife's Energy Coast an attractive base for visiting golfers. St Andrews, the home of golf, is within easy reach and the traditional delights of Crail Golfing Society and the Golf House Club, Elie in the East Neuk are a short drive away. There are excellent parkland courses in Aberdour, Kirkcaldy and Dunfermline or for something a little different, Kingarrock Golf Club at Hill of Tarvit offers golfers the chance to play with original hickory shafts and balls.

Check out Fife's golf packages for the best offers on green fees and tee time availability. The First in Fife booking portal shows real-time availability and the lowest green fees at 12 great courses and offers additional discounts based on the number of rounds booked. Alternatively, buy a Fifestyle card from any Fife Council golf course starter and receive a discount on municipal courses. Links with History offers discounted green fees to four of Fife's historic courses including Lundin Golf Club. w: firstinfifegolf.com w: welcometofife.com w: linkswithhistory.com

Sports and Activities

On the promenade in Leven, energetic visitors can make use of the free equipment at the beachside outdoor gym. An additional outdoor gym can be found at Letham Glen.

Just along the road at Lundin Links is Lundin Sports Club, which welcomes visitors to its first class tennis and squash facilities.

The popular Levenmouth Swimming Pool and Sports Centre attracts many thousands of visitors each year. It's a great facility for all the family with a wave machine, giant aqua flume, exploding water canons and geysers. As well as water fun, the facility includes a multi-purpose games hall, a wellequipped gym, sauna and steam rooms, spa bath and café.

Bowling clubs can be found in most towns and villages throughout the area, and all offer a warm welcome to visitors. Of particular note is East Fife Indoor Bowling Club in Methil, which is acknowledged as being one of the finest facilities of its type in Scotland.

History and Heritage

A Proud Industrial Past

The rich industrial heritage of Fife's Energy Coast can be explored at a number of fascinating museums and sites throughout the area.

Methil Heritage Centre is a fascinating local history museum and exhibition venue housed in a 1930s building which was once the village's post office. The museum traces the long and eventful cultural and industrial heritage of the area as well as hosting creative works. Check online for opening hours. w: methilheritage.org.uk

Buckhaven's social and industrial past is celebrated in a small museum adjoining Buckhaven Library. Visitors can chart Buckhaven's past from fishing village to mining town in the 'Working Lives' permanent display, and explore a replica 1920s kitchen to find out how much cooking habits have changed over the past century. w: onfife.com/venues/buckhaven-museum

Volunteers from the Kingdom of Fife Railway Preservation Society are working to preserve Fife's railway heritage. Visitors are welcome to view the restoration work being carried out to old rolling stock at the former railway marshalling yard in Leven (Tuesdays and Saturdays only). The group is also establishing a series of Open Days when restored trains will take passengers on demonstration trips. **w: fifeheritagerailway.com**



A Sustainable Future

From its proud industrial past, Fife's Energy Coast is being reborn as the symbol of a sustainable future. The area is being rejuvenated as a state-of-the-art hub for the renewable energy sector that aims to turn Fife into a world-leading centre for developing renewable energy technologies.

A specially-constructed Viewing Platform on the main street in Methil provides visitors with a panoramic view over the 134 acre Fife Energy Park, while the sheer size and power of the world's tallest open access wind turbine can be best appreciated from West Leven Beach.

Jack Vettriano. The Billy Boys © Jack Vettriano 1994 w: jackvettriano.com

"This is the place that made me who I am"

Jack Vettriano

Acclaimed artist Jack Vettriano grew up in Methil and has taken inspiration from many local landmarks. The now-demolished power station at Methil provided the backdrop for the autobiographical painting Long Time Gone, whilst arguably his most famous work, The Singing Butler, was set on Leven beach. "It was a lovely place to grow up and I think people don't realise just how breathtaking the beaches are - it's 45 minutes away on the train from Edinburgh and yet you feel like you are in a faraway land ... I think you can tell how much I love the beaches from my early paintings such as The Billy Boys and of course, The Singing Butler ... Nothing beats Leven for me."

Jack Vettriano

VETTE AND

Robinson Crusoe - birthplace of a legend

Lower Largo's most famous son was Alexander Selkirk, immortalised as **Robinson Crusoe in Daniel Defoe's** famous novel. Born the seventh son of a shoemaker in 1676, Selkirk ran away to sea after getting into trouble. After a dispute with his ship's captain, he asked to be put ashore at a deserted island 400 miles off the coast of Chile. He spent over four years alone before being rescued in 1709. Amazingly, he returned to his seagoing adventures and went on to make his fortune. He returned briefly to Lower Largo, 22 years after he left, but eventually settled in London. A statue marks his birthplace on the Main Street in Lower Largo.

Celebrating the Arts

Film fans should make for The Kino Cinema in Leven. This recently restored cinema shows the latest blockbusters and art house releases seven days a week. On selected dates, culture vultures can also enjoy livestreamed theatre, ballet and opera productions from some of the UK's premier arts venues such as The Royal Opera House and Royal National Theatre w: thekinocinema.co.uk/ leven

Family Days Out

The Promenade at Leven is the place to head for family entertainment, particularly in the summer months when it hosts a lively funfair and festivities for all the family. You'll also find an indoor activity centre with soft play for little ones, amusement arcades, a crazy golf course and a well-equipped play park with a skate park.

Action Zone is a popular, fully-supervised indoor adventure play centre. It is open daily and until 8pm on Fridays and Saturdays. **w: action-zone.com**

Blacketyside Farm, located between Leven and Lower Largo, features a children's fort with playground, bouncy trampolines and slides, a tearoom serving delicious home-grown produce, a farm and gift shop and a florist. **w: blacketysidefarm.com**

Fife's Energy Coast makes a great base for visiting a host of other nearby attractions. At Deep Sea World you can come face to face with Europe's largest collection of sharks, or step aboard the RRS Discovery in Dundee to see how Arctic explorer Robert Falcon Scott and his crew survived for two years, locked in the ice. At Scotland's Secret Bunker, discover the twilight world of cold war government, hidden deep underground beneath a Scottish farmhouse.

For wildlife lovers, The Scottish Deer Centre offers a fantastic opportunity to see deer, wolves and birds of prey up close, while colonies of sea birds and seals can be viewed on boat trips to the Isle of May.

Adrenalin-junkies are also well catered for, with go-karting, off-road driving and paintball available within a few miles drive, while Scotland's National Motorsport Centre at Knockhill offers a range of exciting driving experiences.



Food and Drink

Diacher

Tearoom

BREAKFAST 9-11 LUNCH Soups Chunty Veg Let & Potato & Canol & Connandor Land Harden Special Films Smoked Applanced & Ountrey 1475 Nors Courser Special & Braadi & Cauly Place bake With Crusty bread 15500 Katsled Veg & 3 One With Special States Land Het fol With P Puddurps Stay Toffee Puddure 1990 State Descue 1990 State Toffee Puddure 1990 S

> Visitors to Fife's Energy Coast can sample some of the finest food and drink in Scotland, with a feast of local producers on the doorstep including farm shops and artisan producers such as bakers, cheese makers, ice cream makers, smokehouses, breweries and distilleries.

> **Blacketyside Farm Shop**, a popular stopping-off place for tourists and locals, offers a wide range of locally-grown fruit and vegetables, as well as meats, jams and bread. In season, punnets of strawberries, raspberries, blueberries, blackberries and gooseberries are freshly-picked, ready for visitors to enjoy, but you'll find fruit in the shop's frozen section all year round. The tearoom offers a selection of tasty dishes featuring homegrown produce, while cakes, meringues, scones and biscuits are freshly-made every day on the premises. **w: blacketysidefarm.com**

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Food and Drink



Stuart's of Buckhaven has become one of Scotland's most celebrated family food businesses with a proud reputation as an award winning butcher and bakery. It specialises in pies, savouries and meats although a visit to one of the many Stuart's shops in the area will leave you spoilt for choice with a wide variety of tempting treats. The company won the 'Speciality Sausage of the Year' award in 2011 for its Iron Brew sausage – combining two of Scotland's national treasures! **w: stuartsfinefood.co.uk**

Many local chefs showcase Fife's natural larder in their menus, while the Food from Fife website lists over 150 local producers along with information on where you can sample and buy their tasty treats.

w: foodfromfife.co.uk

Events and Festivals

A year-long programme of events takes place along the length and breadth of Fife's Energy Coast, providing visitors with an authentic taste of the region. In addition, our towns and villages make a great base from which to visit the variety of events and festivals taking place throughout the rest of Fife. With everything from highland games and arts, food and music festivals to gala days, sporting tournaments and heritage celebrations on the menu, there really is something for the whole family to enjoy.

April

Balcormo Races

The UK's most Northerly Point-to-Point meeting offers an opportunity to enjoy a day's horse racing within the Kingdom of Fife.

w: balcormoraces.org

Scottish Champion of Champions Golf Tournament

Leven Golfing Society are the hosts for the world-ranking Scottish Champion of Champions Competition. This invitational strokeplay event is played over 72 holes on Leven Links.

w: levengolfingsociety.co.uk

June and July

Gala days take place in many towns and villages throughout the area. In June, Leven Rose Queen Day and Civic Week extends to a week-long festival when the whole community comes together to celebrate the town's heritage.

Largo Law Hill Race

A 10k race over the twin peaks of Largo Law.

Largo Bay Sailing Club Open Regatta

An annual regatta which sees some 80 boats taking to the waters of Largo Bay. **w: largobaysc.org.uk**

Events and Festivals



June and July Leven Vintage Vehicle Rally

This vintage car rally features vehicles dating back to the 1920s as well as a procession of cars, motorbikes, commercial vehicles and tractors.

w: levenrally.webplus.net

August

Amateur Champion Gold Medal Golf Tournament

Inaugurated in 1870, the Standard Life Amateur Champion Gold Medal is the world's oldest open amateur stroke play competition, played every year over Leven Links.

w: levengolfingsociety.co.uk

September Central Fife Open Studios

This two-day event sees professional artists and designers across Central Fife opening their doors to the public, providing a fantastic opportunity to buy original textiles, jewellery, paintings, ceramics or photography.

w: centralfifeopenstudios.org

December Christmas Market, Leven

Come along and browse a range of market stalls, as Leven lights up for Christmas.

For more information about events in Fife, pick up a copy of the Events in Fife brochure or visit **w: fifedirect.org.uk/events.**

Travel and Accommodation

Visitor Information

The nearest Visitor Information Centres are based in Kirkcaldy and, from Easter to October, at Anstruther in the East Neuk. Both can help visitors with maps, cycle and walking routes, accommodation and information about attractions.

Fife's Energy Coast lies just over one hour from Edinburgh International and Dundee Airports. Although there is no direct rail link to the area, there are regular rail services from Edinburgh and Dundee to Kirkcaldy, Cupar and Markinch, with good onward bus services.

From Leven, Stagecoach Fife operate regular direct services to towns across Fife including St Andrews, Dunfermline and Kirkcaldy, as well as local services to villages including the East Neuk.

w: stagecoachbus.com

Along Fife's Energy Coast you will find an excellent range of accommodation including hotels, guest houses, B&Bs, self-catering accommodation, and caravan and camping parks. Many accommodation providers will arrange golf packages or provide transport and packed lunches for walkers and cyclists.

The Homelands Trust provides self-catering holiday accommodation in luxury lodges for individuals affected by disability. The lodges are specially equipped with an extensive range of disability support equipment.

w: homelands-fife.co.uk

For full details of accommodation in the area go to:

w: welcometofife.com/accommodation w: visitscotland.com/accommodation

Discovering Fife

Fife's Energy Coast is located at the very heart of the region, making it an ideal base from which to enjoy all of Fife's varied attractions.

A few miles along the coast you will find the picturesque fishing villages of the East Neuk, some of the most attractive in Scotland, along with the famous university town of St Andrews. In addition to world-class golf courses, a stunning beach and a ruined castle and cathedral, St Andrews has an excellent range of shops and restaurants.

CRUSADER

Leading family attractions such as Scotland's Secret Bunker, The Scottish Deer Centre, Deep Sea World and St Andrews Aquarium are all within easy reach, or for those seeking thrills and spills on four wheels, Knockhill Racing Circuit is Scotland's national motorsport centre.

To the west are the historic gems of Dunfermline's magnificent Abbey (burial place of King Robert the Bruce), the Dunfermline Carnegie Library & Galleries and the medieval village of Culross.

Falkland Palace, Kellie Castle and Hill of Tarvit Mansion and Kingarrock Hickory Golf are all within easy reach.

Tentsmuir Forest, the Lomond Hills and Blairadam Forest are popular with nature lovers, walkers and cyclists. Dolphins, seals and a myriad of birdlife inhabit the coastline - including the puffins that frequent the Isle of May.

The bustling town centres of St Andrews, Dunfermline and Kirkcaldy offer a mix of high street brands and independent retail outlets, while many Fife villages boast galleries and shops where you can browse for locallyproduced crafts.

Disclaimer

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